



Nov 18, 2020 | 7:00-8:15pm | Zoom Webinar

## *How to Raise Successful Kids Without Overparenting*

Julie Lythcott-Haims

Drawing on research, on conversations with educators, admissions officers, and employers and on her own insights as a mother and former student dean at Stanford University, Julie highlights the ways in which overparenting harms children, their stressed-out parents, and society at large. While empathizing with the parental hopes and, especially, fears that lead to overhelping, Julie offers practical strategies that underline the importance of allowing children to make their own mistakes and develop the resilience, resourcefulness, and inner determination necessary for success.

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